

Presentations: Invited & Conference

- **Einstein, D.A.** (3 March 2020) Invited brief presentation for Ausdance NSW, Australian College of Physical Education (ACPE), Safe Dance Think Tank.
- **Einstein, D.A.** (18 Feb 2020) The Dip: A practical guide to take control of screen addiction and reconnect families - Understanding the Backstory, Youth Services Forum Agenda, Woollahra Municipal Council, Double Bay.
- **Einstein, D.A.** (4 Dec 2019) Understanding the impact of devices on our brains, our moods and our schooling, Network for internet Investigation and Research Australia, Domremy College, Five Dock.
- **Einstein, D.A.** (27 Nov 2019) The Dip: A practical guide to take control of screen addiction and reconnect with your family — From the therapist perspective, National Psychology, Counselling & Psychotherapy Conference 2019, Australian National Maritime Museum, Sydney.
- **Einstein, D.A.** (30 Oct 2019) Expert Insights: Social Media and Youth, The Black Dog Institute, Randwick.
- **Einstein, D.A.** (29 Oct 2019) Behind the Scenes, Bell Shakespeare, Wiley Park, Sydney.
- **Einstein, D.A.** (28 Nov 2018) Session 1: Panel interview and synthesis: Technology -do we really need to add an extra layer of fun to get kids moving. Session 2: Technology within the education setting. Movement to Move: Global Insights to Get Our Kids Moving, Adelaide, South Australia.
- **Einstein, D.A.** (1 June 2018) What does it take to develop evidence based wellbeing programs for Secondary Schools? Mental Health in Schools Conference, Luna Park, Sydney.
- **Einstein, D.A.** (25 May 2018) Mental Health in Schools Conference, ProPsych, Melbourne Convention Centre.
- **Einstein, D.A.** (19 Oct 2017) Preventing emotional health difficulties in boys. "BoysMatter" APS Mental Health Conference at NSW Parliament House.
- **Einstein, D.A.** (2017) Managing our minds to thrive at university. Shalom College, UNSW.
- **Einstein, D.A.** (2017) Introduction to Insights: Embracing Wellbeing at Secondary School, Santa Sabina College, staff workshop.
- **Einstein, D.A.** (2017) Insights. Student and Parent Presentations
- **Einstein, D.A., Garradd, A., Boulton, K. & Farkash, L.** (2016) Is Intolerance of Uncertainty adequately addressed in intervention programs ? Paper presented at the 8th World Congress of Behavioural and Cognitive Therapies, Melbourne, June, 2016.
- **Einstein, D.A.** (2016) Universal Prevention Programs: What do they aim to alter? Radford College, ACT.
- **Einstein, D.A.** (2016) In depth focus on managing expectations, sleep and uncertainty in Year 10. Santa Sabina College.
- **Einstein, D.A.** (2015) Understanding the evidence for High School Well Being programs. Understanding what programs aim to change and whether these goals are met. Association of Independent Schools NSW Conference Workshop.
- **Einstein, D.A.** (2015) Helping Teens Overcome Stress and Feelings of Pressure. Seminar presented by the Centre for Emotional Health and the Rotary Club of North Ryde
- **Einstein, D.A.** (2015) School based programs to prevent Depression and Anxiety. Leading Edge Practice and APS Forum: Research for Achieving Better Mental Health Outcomes Forum, NSW Parliament House
- **Einstein, D.A.** (2014) What do we aim to change through the Insights Program, Pymble Ladies College, Parent seminar.
- **Einstein, D.A.** (2011) Thinking creatively about change: challenging intolerance of uncertainty across disorders; Seminar presented for Australian Association for Cognitive and Behaviour Therapy, Sydney.
- **Einstein, D.A.** (2011) An update on changes being implemented within the Cool Kids Adolescent Anxiety and Depression Program at the Centre for Emotional Health, Macquarie University. School link program: Western Sydney.
- **Einstein, D.A., St Clare, T., Drobny, J., Krochmalik, A., Jones, M., Peters, L. & Menzies, R.G.** (2011) Effectiveness of DIRT in a typical outpatient clinic: Results from a randomised controlled trial. National Conference of the Australian Association for Cognitive and Behaviour Therapy, Sydney.
- Borkovec, T., Holmes, E., Dadds, M., Davis, N. (Discussants) **Einstein, D.** (Chair) (2009) Panel discussion: Branding of psychotherapy – Are we reinventing the wheel? What is CBT ? Similarities, differences and

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implications for CBT practitioners. At National Conference of the Australian Association for Cognitive and Behaviour Therapy, Perth, Western Australia.

- **Einstein, D. A.** (2009) "I have to believe in magic" the relevance of magical ideation to OCD, and description of a treatment of magical thinking. Invited address. Anxiety Practitioners Network conference, Sydney.
- **Einstein, D.A.**, Invited Seminar for the Clinical Science Program graduate students, University of Berkeley, Motivational interviewing interventions for anxiety and depression.
- **Einstein, D.A.** & Menzies (2006) Does magical thinking improve across treatment for Obsessive compulsive Disorder ? 29th Annual Conference of the Australian Association for Cognitive and Behaviour Therapy, Sydney, Australia.
- **Einstein, D.A.**, Menzies, R.G., St Clare, T. & Drobny, J. (2006) The treatment of magical ideation in two individuals with Obsessive-Compulsive Disorder. ? 29th Annual Conference of the Australian Association for Cognitive and Behaviour Therapy, Sydney, Australia.
- **Einstein, D.A.** Invited seminar for the Institute of Psychiatry, Maudsley Hospital, United Kingdom (July, 2002) Is Magical Ideation a key construct in OCD ?
- **Einstein, D.A.**, Invited seminar for the Australia and New Zealand Association of Psychotherapy (6 July, 2002) Pathologies of Privacy – A contemporary perspective on Obsessive Compulsive Disorder.
- **Einstein, D.A.** & Karpin, I. Workshop (9 September, 2002): Behaviour Therapy for Mental Health Workers: Managing Difficult Behaviours and the Use of Reinforcement Strategies in effective patient care. Conducted with Ilana Karpin, Clinical Psychologist. Sydney.
- **Einstein, D.A.** & Menzies, R.G. (2002) Is magical ideation a core feature of OCD ? Two clinical studies. Paper presented at the National Conference of the British Association for Behavioural and Cognitive Psychotherapy, London, United Kingdom.
- **Einstein, D.A.** & Menzies, R.G. (2001) The relative importance of schizotypy and thought action fusion in obsessive-compulsive symptoms. Poster presented at the World Congress of Behavioral & Cognitive Therapies, Toronto, Canada.
- Menzies, R.G., Jones, M.K., Krochmalik, A., **Einstein, D.A.** & McColl, T. (2001) The development of an exposure-free treatment package for OCD. Paper presented at the World Congress of Behavioral & Cognitive Therapies, Toronto, Canada.
- **Einstein, D.A.** & Menzies, R.G. (2001) Targeting magical thinking to reduce Obsessive Compulsive concerns: Pilot data. Paper presented at the National Conference of the Australian Association for Cognitive and Behaviour Therapy, Sydney, NSW.
- **Einstein, D.A.** & Menzies, R.G. (2000) The role of magical thinking in obsessive- compulsive concerns. Paper presented at the National Conference of the British Association for Behavioural and Cognitive Psychotherapy, London, United Kingdom.
- Lutz, W., **Einstein, D.A.**, Lowry, J., Kopta, M. & Howard, K.I. (1999) Outcomes research: patient profiling - a new method of evaluating treatment progress. Paper presented at AACBT 22nd National Conference, Fremantle, Western Australia.
- **Einstein, D. A.** & Lovibond, P. (1996) Perfectionism, procrastination and psychological symptoms in final year high school students. Paper presented at the 19th Annual Conference of the Australian Association for Cognitive and Behaviour Therapy, Sydney, NSW.